

Manual Handling

NON-ACCREDITED TRAINING



MANUAL HANDLING OVERVIEW:

The objective of this course is to prevent the occurrence of injury and reduce the severity of injuries resulting from manual handling tasks.

This course covers the skills and knowledge required to shift loads using manual handling methods. It includes assessing the risks associated with relocating the load, planning the process and carrying out the relocation in accordance with the plan.

LOCATIONS:

RTCSA delivers Manual Handling training, at worksites throughout regional South Australia, Western Victoria and South-Western NSW.

COURSE CONTENT:

Assessment is based on theory questions as well as simulated practical scenarios and includes:

- WHS acts and regulations
- Codes of practice for manual handling
- Identify, assess and manage risks associated with manual handling
- Correct lifting techniques
- Conduct manual handling exercises.

DELIVERY METHOD:

This course is delivered via blended training and contains both theory and practical elements.

COURSE DURATION:

Approximately 3-4 hours dependent upon the number of participants in the class, and the skill and knowledge of each participant.

BASED IN RIVERLAND SA



Servicing regional South Australia, Western Victoria and South-Western NSW

WEB: www.rtcsa.training

PHONE: 0417 725 339

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PRICE:

RTCSA is an onsite training provider and prices will vary due to differing training locations, and attendee numbers. Training quotes are supplied at time of training enquiry.

ATTENDEE NUMBERS:

Minimum training session of 6 participants, with a maximum of 12 participants per training session.

ENTRY REQUIREMENTS incl. PPE and EQUIPMENT:

- Participants must be 18 years of age or older.
- **Language, literacy and numeracy skills that are required for this course include:**
 - Being able to identify and interpret information from workplace procedures, documentation, legislation and regulations.
- Photographic identification must be provided on the day. ID must contain photo, signature, date of birth.

LEARNING RESOURCES:

Study Resources: Learning resources will be supplied at commencement of training.

COURSE OUTCOME:

Participants will receive a digital Statement of Attendance after training.

CONTACT DETAILS:

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